

## MANITOBA ADDICTIONS AWARENESS WEEK SRWC CONFERENCE, NOVEMBER 15-17

# **SEX AND ADDICTIONS:** Integrating a New Model for Understanding Addictions and Sexuality

Featuring San Diego-based sexual-health psychotherapist and author, Douglas Braun-Harvey MFT, CGP, AASECT Certified.



## **CONFERENCE TOPICS**

<u>Public Forum</u> Tuesday Nov 15, 2016, 7:00 pm – 9:00 pm

### PORN CRISIS? The Porn Dilemma in Today's Culture

Discovering that your spouse, child, partner, employee, friend, or client is secretly watching porn is usually met with a range of emotions and judgments. Most of us do not feel prepared to confidently navigate this conversation. Mr. Braun-Harvey proposes that this porn dilemma is about so much more than talking about porn. As counselors and family members both, most of us have little guidance and are without a useful map for talking about sex, period. This community presentation will describe how six principles of sexual health can be a foundation for talking with someone about their use of pornography. Come join us for an informative, practical and engaging conversation.

<u>Professional Continuing Education Workshops</u> Wednesday Nov 16, 2016, 8:30 am – 4:30 pm, Lunch included

# **TALKING ABOUT SEX:** Integrating a New Model for Understanding Addictions and Sexuality.

Why do so many people leave treatment early, or go back to drugs and alcohol after treatment? A major reason often overlooked is that clients' sexual lives are linked to using drugs and alcohol. Many women and men in alcohol and drug treatment programs are more likely to stay in treatment and have better treatment outcomes when psycho-educational group programs include sexual health-based conversations and interventions.

In this workshop, Doug Braun-Harvey identifies the prevalence of "sex/drug-linked behavior," and how counselors can provide men and women specific relapse prevention skills and interventions that help them re-write their sexual lives without drugs or alcohol. This workshop will also help therapists and counselors assist clients who feel as though their sexual behavior is out of control.



In this one-day workshop, participants will:

- Work on overcoming common inhibitions around talking to clients about sex
- Identify two professional barriers to implementing a sexual-health-based relapse prevention curriculum.
- Describe two methods for assessing relapse-risk due to sex/drug-linked addictions.
- Identify methods for assisting clients in understanding the roots of their out-ofcontrol sexual behaviors, and learning healthy ways to create sexual relationships that meet their needs.
- Experience psycho-educational drug/alcohol treatment group interventions to learn relapse prevention tools for sex/drug-linked addiction.

### <u>Professional Continuing Education Workshops (con't)</u> Thursday Nov 17, 2016, 8:30 am – 12:00 pm



# COMPULSIVE SEXUAL BEHAVIOR, ADDICTION, AND ATTACHMENT

with **Carl Heaman-Warne**, RMFT, Director of Family Therapy at Aurora Family Therapy Centre. "... from an attachment and emotionally focused perspective...when the needs underneath of our thoughts and feelings get recognized and met, we are able to make great changes."

### **GAPS AND OPPORTUNITIES**

**SRWC**'s new research report on gaps and opportunities for service providers.



## LOCAL EXPERTS PANEL

Local service providers discuss their clinical experiences, approaches, and local programs working with clients with sex-drug linked behavior or out of control sexual behavior. Panel includes **Reece Malone**, (Certified Sexologist), **Gina Mckay** (Sexual Education Resource Centre) and **Kara Neustaedter** (Klinic).

### WHERE DO WE GO FROM HERE?

Moderated discussion of current situation and visions for the future.

# REGISTRATION

**Register today!** 204-956-6650 ext 104

- Drop by online at <u>straphaelcentre.ca</u>
- Purchase tickets online: <u>https://srwc.inviteright.com/sexandaddictionsconference2016</u>
- See following page for pricing



Scan code to go to registration page



# Pricing

Wednesday & Thursday Workshops	<u>Full Fare</u> \$ 285.00 inc. GST	Early Bird \$ 260.00 inc. GST	Discount * \$ 242.25 inc. GST	Early Bird + Discount \$ 221.00 inc. GST
		Purchased before Oct. 17	Groups of 4+ or Students with Student ID	Student or Group discount tickets purchased before Oct. 28

Tuesday Eve	<u>Full Fare</u>	<u>Combo</u>
Public	\$ 30.00	\$ 25.00
Forum	inc. GST	inc. GST
		Purchased <i>with</i> Wednesday & Thursday Workshop ticket

Display Booth *	<u>Full Fare</u> \$ Free
	Complimentary
	with
	Wednesday &
	Thursday
	Workshop
	tickets

\* There is a limited number of Discount Tickets and Display Booths available. First come, first serve, so register today!

Refund Policy: Up to November 8 2016, tickets can be refunded (subject to a \$35 admin. fee). No refunds can be issued after Nov 8.